




2022

JUNE

Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Amanda Jensema, CTRS Recreation Therapist 202-541-7721</div> <div></div> <div>Steven Briefs, CTRS Recreation Supervisor 202-541-7733</div>	LEGEND:  AC- Artist Colony BC- Bowling Center BF- Ball Field BY- Sheridan Backyard CC – Community Center CCL- Community Center Lobby GR- Game Room CT- Canteen CY- Courtyard	LEGEND cont.  DI- Defender’s Inn GC – Golf Course HoH – Hall of Honors L- Library MR- Meditation Room PR- Promenade RC- Rose Chapel SCP- Scott Patio TH- Theater	1 9:30am Calendar Distro 10:15am Room Visits 11am Qi-Gong- Th 1pm Bingo- CC 1:30pm IDT Meeting	2 9am Admin Duties 1pm RT Bingo- CC 6pm Movie- Th	3 10am Salvation Army Band- Th 10:30am Catholic Mass- MR 11am Qi-Gong- Th 2pm Softball Game- BF 6pm Movie- Th	4 9:30am Morning Music- Sh3 2pm RT Root Beer Floats- CC 4pm Rib Social- DI 6pm Movie- Th
5 9am Protestant Service- Th 9am Catholic Mass- RC 6pm Movie- Th	6 10am RT Bus Trip: Wheaton Mall  11am Qi-Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th 2pm Doodle & Chug- DI	7 9:30am Hydration Cart 10:15am Name That Tune 1:30pm Nature Stroll 1:30pm Documentary- Th 6pm Saloon Night- DI	8 9:30am Manicures– Sh3 10:15am Room Visits 11am Qi-Gong- Th 1pm Bingo- CC 1:30pm IDT Meeting	9 9am Admin Duties 1pm RT Bingo- CC 6pm Movie- Th	10 10am RT Bus Trip: Fishing, Food & Fun  10:30am Catholic Mass- MR 11am Qi-Gong- Th 1:30pm Army Birthday Celebration- HoH 6pm Movie- Th	11 10am Git Meow Visit-Sh1103 4pm Pizza Social- DI 6pm Movie- Th
12 9am Protestant Service- Th 9am Catholic Mass- RC 6pm Movie- Th	13 11am Qi-Gong- Th 11:30am Popcorn- CCL 1:30pm Movie- Th	14 1:30pm Documentary- Th 2pm Resident & Staff Bowling- BC 6pm RT Big Bucks Bingo- CC	15 11am Qi-Gong- Th 1pm Bingo- CC 1:30pm Glenna’s Book Club- GR 1:30pm IDT Meeting	16 1pm Poetry Reading- Sh1103 1pm Motown Music Trivia- CC 6pm Movie- Th	17 11:30am Hawaiian Luncheon- SCP <div></div> 1pm Ukulele Performance- CC  2pm Paint N Sip- AC	18 4pm Wing Social- DI 6pm Movie- Th
19 Juneteenth Father’s Day  9am Protestant Service- Th 9am Catholic Mass- RC 6pm Movie- Th	20 <div></div>	21 First Day of Summer  9am Admin Duties 11am Lunchtime Birthday Celebration 1pm Beer Tasting- CC 1:30pm Documentary- Th 4:30pm Birthday Dinner	22 9:30am Manicures- Sh3 10:15am Room Visits 11am Qi-Gong- Th 1pm Bingo- CC 1:30pm IDT Meeting	23 9am Town Hall- CC  9:30am RT Bus Trip: Baltimore Aquarium  6pm Movie- Th	24 10am PAL Visit 10:30am Catholic Mass- MR 1:30pm Drum & Bugle Corp Performance- CC 6pm Movie- Th	25 4pm Pizza Social- DI 6pm Movie- Th
26 9am Protestant Service- Th 9am Catholic Mass- RC 6pm Movie- Th	27 9:30am RT Bus Trip: Bladensburg Waterfront	28 9am Admin Duties 1:30pm Nature Stroll 1:30pm Documentary- Th	29 9:30am Name That Tune 10:15am Room Visits 11am Qi-Gong- Th 1pm Bingo- CC 1:30pm IDT Meeting	30 9:30am Calendar Distro / Room Visits 1pm RT Bingo- CC 6pm Movie- Th	Amanda will be on leave from June 11 <sup>th</sup> – June 20 <sup>th</sup>	Check out the NEW Bored Board in the Sheridan 3 Activity Room